RISK ASSESSMENT FOR: Orienteering at Fixed Orienteering Courses around Greater Manchester

Reviewed by Ian Sheldrake 1st October 2024

HAZARDS	Severity	Likelihood	LIST CONTROL MEASURES (i.e. what steps are commonly taken to reduce the risk of the hazard)	RESIDUAL RISK RATING (Low/Med/High)

Injury during activity	Low	Low	• In advance:
			  • advise on appropriate clothing and footwear
			  • establish emergency procedures and communicate to group
			  • Issue instruction on dealing with known hazards
				Low

Getting lost	Low	Low	• In advance:
			  • establish emergency plan to cover students getting lost and communicate plan to whole group
			  • provide written details of destination address and contact numbers
			• Divide up into groups of at least three
			• Where possible, staff member should accompany each group
			• Arrange meeting point and advise all students
			• Issue contact details for emergency situations
			• Issue code of conduct for visit
			• Mark all boundaries
			• Establish a sound signal for “return to base”
			• Provide adequate supervision on course
				Low

Adverse weather	Low	Low	• In advance:
			  • obtain detailed weather forecasts and call off event if unsuitable
			  • issue advice on appropriate clothing and footwear
			• Consider encouraging pupils to wear sun cream.
			• Ensure participants have adequate food and drink
			• Establish emergency procedures Encourage groups to stick together
			• Ensure groups are assessed for suitability for proposed activity
				Low

Notes

- All leaders should be aware of **Venture Out** 'Emergency procedures' prior to delivering any sessions.
- All coaches to carry first aid kit and repair kit and appropriate equipment for weather conditions
- It is the responsibility of the coach to ensure equipment is safe and appropriate for use prior to each session.
- It is the responsibility of the coach to alert the **Director (Ian Sheldrake)** of broken or damaged equipment, or injury or near miss and to record this information in the Accident and Emergency book. If unclear how to complete this, then contact Ian immediately for support.
- If the coach is unsure of any relevant safety-related matters the problem should be resolved prior to the session
- This is an adventurous sport and some risk is assumed by participants. Removal of all risk is not only impossible but detrimental to the development of participants. However risk versus benefits have to be considered.